



Don't Forget!
Daylight Saving Time Starts
Sunday, March 8
Spring Forward



When local standard time is about to reach Sunday, March 8, 2015, **2:00:00 AM** clocks are turned **forward** 1 hour to Sunday, March 8, 2015, **3:00:00 AM** local daylight time instead.

Sunrise and sunset will be about 1 hour later on Mar 8, 2015 than the day before. There will be more light in the evening.

Also called [Spring Forward](#), summer time, and [Daylight Savings Time](#).

Spotlight:
'Dress in Blue' Friday; Raise Awareness of Colorectal Cancer

March is National Colorectal Cancer Month; Capitol dome will be lit blue until March 6



To kick off National Colorectal Cancer Awareness Month and to help raise awareness about colon cancer in Kentucky, everyone is encouraged to wear blue this Friday.

According to the [2015 American Cancer Society Facts and Figures](#), 2,090 new cases of colon cancer will be diagnosed in Kentucky this year, and nearly 850 people will lose their lives to the disease.

"As a two-time colon cancer survivor and Gov. Steve Beshear's partner in producing a healthier Kentucky, I encourage everyone to help us raise awareness about colon cancer, which through preventive screenings can be detected early and successfully treated," Lt. Gov. Luallen said.

"Kentucky has some of the worst health statistics in the nation, including the highest mortality rate for cancer, but through preventive and wellness initiatives, every Kentuckian can help us make the Commonwealth a healthier place to live, work and raise a family."

Gov. Beshear has proclaimed March "Colon Cancer Awareness Month in Kentucky."

To help raise awareness in Frankfort, the Kentucky Capitol dome will be lit blue until March 6. The Kentucky Cancer Program and the Colon Cancer Prevention Project are displaying an awareness campaign on colon cancer along the wall of the tunnel that connects the Capitol building to the Capitol annex.

Hundreds of partners across Kentucky including hospitals, businesses, churches, schools, banks and health departments are planning special activities to commemorate the month and promote screening.

According to the Centers for Disease Control and Prevention, the five-year survival rate for colon cancer is 90 percent when found and treated early, underscoring the need for preventive health exams like the fecal immunochemical test or colonoscopy. Screenings detect any abnormalities or early signs of cancer, like polyps in the colon. When detected early, polyps can be easily removed during a colonoscopy before they develop into cancer.

The good news is that colon cancer can be successfully prevented and treated if detected early.

As a colon cancer survivor I can tell you that screening saved my life, not once, but twice. There simply is no value that you can put on this process of being able to detect colorectal cancer. It's priceless. If you are 50 or older, I encourage you to make an appointment today.

- Lt. Gov. Crit Luallen

For more information on Colorectal Cancer Month and "Dress in Blue Day," visit the Kentucky Cancer Program's [website](#). For information on colorectal and other types of cancer prevention, awareness and treatment visit the Colon Cancer Prevention Project [website](#).

Surplus Property a Good Deal for Taylor County Schools

The Kentucky Division of Surplus Property and the Taylor County School District have been working together to address some equipment needs, that, ultimately impact student learning.

Taylor County recently began participating in the Federal Surplus Property Program, administered by Surplus Property. The program has been an effective way to address some equipment needs of the district.



The district's latest purchase was a surplus M1078 Cargo Truck that the district outfitted with a snow blade. And they got it in working order just in time to remove 14+ inches of snow from parking lots, streets, and sidewalks of the school's five buildings.

The blade was donated to the school. Superintendent Roger Cook, along with mechanics Bobby Woods, Guys Woods, Tim Mills, and Ronnie Lewis, worked through the weekend of February 14-15 to fabricate the pieces needed to make the truck/plow setup work correctly. Working against the clock as weather forecasters said snow was on the way, the team was able to get everything operational just in time for a plowing adventure!

"We continuously look for cost effective ways to operate the district and direct more funds to student learning," said Cook.

"We employ our own mechanics, which is why we can make projects like this possible."

Converting the truck to be used as a snowplow, was the perfect hands-on project for students wanting to pursue a career in diesel mechanics, hydraulics, or heavy equipment maintenance.

"This opportunity was exciting for our students and one that's not available at most school districts," Cook said.

Check it Out...Free tours March 13 at new State Records Center in Frankfort

How much paper does state government go through? Who knows? But, we do know a lot of paper has been saved because of records retention guidelines.

How much is archived? Check it out for yourself on Friday, March 13! The Archives and Records Management Division of the Kentucky Department for Libraries and Archives (KDLA) will conduct free tours of the new State Records Center in Frankfort.

Construction of the new State Records Center began in March 2013. Staff began transferring over 190,000 cubic feet of records from two separate rental facilities into the new building in April 2014, and completed the move in October. Records from 71 state government agencies and 91 counties in the judicial system are currently stored in the Records Center.

"Working from a single facility, rather than from two separate locations, allows more efficient operations and better service for all of the Records Centers' customers," said Barbara Teague, state archivist and records administrator.

The one-hour tours are at 10 a.m. and 2 p.m. and are open to the public.



This picture was taken right after the move.

The State Records Center is located at 1425 Leestown Road in Frankfort. For planning purposes, please contact Jim Cundy at 502-564-1703 or jim.cundy@ky.gov to select a tour time and confirm attendance.

Since two tours are being offered, KDLA recommends that individuals carpool. Individuals may also use the staff parking lot behind the main Kentucky Department for Libraries and Archives building at 300 Coffee Tree Road in Frankfort and use provided transportation to the State Records

Center. Please arrive at least 15 minutes before each scheduled tour for this parking option.

DLA provides equitable access to quality library and information resources and services, as well as helps public agencies ensure that legislatively mandated documentation of government programs is created, efficiently maintained and made accessible. For more information on KDLA resources, programs and services visit www.kdla.ky.gov or call 502-564-1753.